



THE ENERGY CODES®

BY DR. SUE MORTER

BOOK STUDY GROUP

The Energy Codes is a powerful 7-Step system based in Quantum Science, Energy Medicine and Spirituality teaching practices and principles of embodiment that show you how to use your body to train the mind to awaken to your greatest life experience, that of living from the true, Soulful Self. It's time to master your energy as you move from survivorship to living your magnificence as the true creator of your life!

In this multi-series book study club based on *The Energy Codes*® by Dr. Sue Morter, you will:

- Learn to heal on *every level of your life*.
- Create a *powerful shift* in your reality! Become happier, healthier, and more successful more easily by living your true path.
- Practice *Intentional Breathwork* for energy release and physical and emotional healing.
- *Experience Peace* with yourself, harmony with others, and relaxation in life.
- Lock in a clear understanding of *Quantum Science* that can help you *self-heal forever*.
- Discover how to *access the Unified Field of Possibilities* and manifest it as your own!
- Learn the *language of the soul* and become the soul in action.
- *Transcend the personality* and ALL of its limiting beliefs for a life that flows with ease.
- *Heal pain* in your body and turn on the vital force you are *meant to be* in the world.

In person or
over Zoom depending on the group
NadaHogan.com
Nada@NadaHogan.com to register